



Resident Activities

February to August 2026



www.pfh.org.uk



Your upcoming activities for February to August 2026

Some of our events are only open for residents, and others are open to the wider community, in order to identify please use the key below.

 PFH Scheme Residents Only	 PFH Residents, Friends & Family	 All PFH Residents
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Barrington Pop in
 Florence Nightingale Court. (behind Goodfellowship) HU5 4BW
 Contact the event coordinator 01482 223783

-  **Forever Young Club | Tuesday 2pm – 4pm (Fortnightly)**
 Delivered by Hull Libraries. Contact Cath 01482 331 254.
-  **The hands of friendship knitting/craft group**
Wednesday 1:30pm - 3:30pm
 with Hull Community Knitting Group. Contact Sharon 07894 568 458.
-  **Feel Good Thursdays | Thursdays 1:00pm - 3:30pm**
 with Age UK £5 per session Contact Age UK 01482 324 644.

 **Singing for the Brain | Fortnightly Tuesday - 11:00am - 12:30pm**
 Alzheimer's Society - For carers supporting people living with Dementia.

 **Carers support group | Last Wednesday of month 11:00am - 12:30pm**
 Alzheimer's Society - For carers supporting people living with Dementia.

Contact Julie - Alzheimer's Society before attending on 07943 802 509.

-  **Ladies in Red | Monday 7pm – 10pm**
 Singing group rehearsals - Contact Elaine 07871 080 810
-  **Church service | Every 2nd & 3rd Sunday 10:30am - 12:30pm**
 Contact REV Seth Ben- Archer on 07566 894 248
-  **Exercise to music with Holly | Monday 11am – 12pm**
 £3 each - Refreshments available after. Contact 07395 447 272.
-  **Tai chi | Thursday 11am - 12pm**
 £3 per session with Janet 07864 629 105

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Broadway Pavilion
 HU9 3PB
 Contact Sue 07946 549 241 or Sheila 07854 259 585

-  **Veterans club – with Hull KR | Monday 9:30am – 11:30am**
 Contact Janine 07986 963 485
-  **Line Dancing with Janine | Monday 12pm - 1pm**
 £3 contact Janine 07986 963 485
-  **Our Best Years with Hull KR | Monday 1pm - 3pm**
 FREE contact Janine 07986 963 485
-  **Ballroom dancing with Janine | Thursday 9:00am - 10:30am**
 Learn basic ballroom dance moves and sequence routines. £3. Contact Janine 07986 963 485
-  **Saturday Night Pop In social night | Saturday from 7pm** **VOLUNTEER RUN**
 Contact Sue at the pop in 07946 549241
-  **Exercise to Music | Thursday 10:30 am – 11:30am**
 £3. Contact Janine 07986 963485
-  **Broadway Lunch Club | Tuesday 11:30am – 1:30pm** **VOLUNTEER RUN**
 £3. Everyone Welcome. Contact Sue at pop in 07946 549241
-  **Broadway Crafters | Wednesday 10am - 11:30am**
 £2 per person. Contact Janet 07939 719113
-  **The Big Breakfast and Quiz | Once a month**



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Gardening Club & Community Allotment

Every Wednesday 10:00am – 11:30am

Opens Weds 6th May 2026

Closed until March, but volunteers welcome to help with maintenance and setup between March - May.

Come and join our PFH volunteers and grow your own fresh veg, fruit and flowers! Open to everyone the gardening club provides PFH residents and local community members the opportunity to learn a new skill in the great outdoors, whilst combatting loneliness and isolation, and increase better mental wellbeing.

Whether you want to get your hands dirty and enjoy an edible garden or grow flowers, pop along for a cuppa and a natter, or even a soup made from home grown produce.



Contact the office on 01482 223 783 or see our volunteers Gloria or Liz at the allotment.

Hebrides pop in

Hebrides close - Off Maybury road HU9 3LF

Contact Jean on 07512 226415

▲ Bingo | Tuesday & Thursday 6:00pm - 8:30pm

Cost per bingo book

▲ Breakfast Club | Every Wednesday 10:00am – 12:00pm

Sandwich to Full English with a cuppa and a natter. Cost from £2.50

Priory Pop in

off Arden court Priory road HU5 5SQ

Contact Steve and Tina on 07964 155 952

▲ Our Best Years | Tuesday 10am – 11:30am

Movement to music and social. £3per session. Contact Janine 07986 963485

▲ Games night | Thursdays 7pm - 9pm

Including Darts, Dominos, Cards and more. Contact Steve 07497 239 087

▲ Breakfast club | Monday 10am - 12pm

Everyone welcome £2 per person. Includes breakfast sandwich and a hot drink. Great company and fun morning (Dietary needs must be discussed prior to session, to ensure we can cater for people with dietary needs)

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Westgarth Pop in

off Oldstead Ave / Endike Lane – Westgarth ave HU6 8LS

Contact Christine on 07845 992 476

▲ Our Best Years Social group | Tuesday 1:00pm - 3:00pm

Contact Jasmin at Hull FC on 01482 337520 **VOLUNTEER LED**

▲ Social Afternoon and Bingo | Wednesday 2:00pm - 4:00pm

Bingo, music, raffle and a good giggle. Contact Chris 078459 92476

▲ Coffee morning with Breakfast Buttie | Tuesday 1:00pm - 3:00pm

£2. Run by residents Contact Chris 07845 992 476

Ada Holmes

Ada Holmes Circle – HU6 9PB off Greenwood Avenue

Contact Scheme Manger on 01482 313561

▲ Bingo | Friday 2pm

▲ Coffee Morning | Thursday 10:30am - 12:30pm

□ Hairdresser | Wednesday 9am – 10pm

Contact Scheme Manager for Appointments

▲ Ada Film Club | Thursday 1:30pm **RESIDENT LED**

▲ Friday Friends | Friday 10:30am

Activity Morning with Steph and Carol

▲ Intergenerational session with Greenway Academy

Easter - Thursday 19th March 2026 10:00am til 12:00am

Summer - Thursday 9th July 2026 10:00am til 12:00am

Please keep an eye on the Scheme notice board for events

Christopher Pickering Lodge

Hessle High Road HU4 6RS. Opposite Pickering Park

Contact the Scheme manager on 01482 313562/ 313563

▲ Keep fit with Sandra | Monday 10am-11am

Contact Sandra 07730309429 £3 per person

▲ Bingo | Monday 1:30pm – 4pm **RESIDENT LED**

▲ Knit and Natter | Tuesday 1:30pm-5pm **RESIDENT LED**

★ Hairdresser | Weds 10:30-11:30

Book with hairdresser

▲ Quiz with Dave | Friday 10:30-12 **RESIDENT LED**

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Broadway Manor

The Broadway HU9 3PN– Off Holderness Road

Contact Scheme Manager on 01482 313564

Please keep
an eye on
the Scheme
notice board
for events

▲ **Coffee Morning | Monday 9:30am – 11:30am**

▲ **Bingo Monday Afternoon | 1:30pm for 2pm start** RESIDENT LED

PFH residents, Broadway Village and Friends

◻ **Hairdressers | Friday 9am - 11am**

By appointment only, contact the Scheme Manager to arrange. PFH residents and BW Village.

▲ **Coffee Morning | Wednesday 8:30am – 10:00am**

▲ **Games/film afternoon | Wednesday 1pm – 3:30pm** RESIDENT LED

▲ **Knit and natter social group** RESIDENT LED

Thursday 1pm – 3pm fortnightly

▲ **Bingo and Raffle | Friday 1pm – 4pm** RESIDENT LED

PFH residents, Broadway Village and Friends

▲ **Weekly IT Class | Times and Dates Change Weekly**

◻ **Hairdresser | Tuesday & Friday 9:30am**

Speak to scheme manager

▲ **Crafty C-classes | Once a month**

£2 a session. Contact Janet for times and dates 07939 719113

▲ **Artist | Once a month on a Wednesday** Speak to scheme manager for details. Look out for posters on the Manor windows.



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Christopher Pickering Lodge

Hessle High Road HU4 6RS. Opposite Pickering Park

Scheme manager Sharon 01482 313 562 Ian 01482 313 563

▲ **Exercise to music with Sandra | Monday 10:00am – 11:00am**

with Sandra Thompson. Cost - £3

▲ **Bingo | Thursday 1:30pm (for 2pm start) - 3:30pm**

£5. Tea and coffee available donation welcome

★ **Scheme Managers Coffee Morning | Tuesday 10:20am - 12:00pm**

Contact Scheme Manager for information.

▲ **Knit and Natter | Tuesday 1:00pm - 3:30pm**

▲ **Coffee Morning, Quiz with Terry | Friday 10:30am - 12pm**

◻ **Hairdressers | Wednesday 10:30am - 11:30pm** Time is Approx - but subject to change. Contact scheme manager for information.



Humber View

Camilla Close. Victoria Dock HU9 1SZ

Contact Scheme Manager on 01482 313524

Please keep
an eye on
the Scheme
notice board
for events

★ **Dominoes | Monday 7pm - 9pm**

★ **Scrabble | Tuesday & Thursday 7pm - 9pm**

▲ **Exercise to Music with Holly | Monday 2.00pm - 3.00pm**

£3 per session - open to everyone

★ **Scheme Managers Coffee Morning & Quiz | Friday 10:30am - 12:00pm**

▲ **Resident Led Bingo | Wednesday 1.30pm**

£1 per game. Refreshments available

◻ **Hairdresser | Tuesday 8:00am - 2.00pm**

By appointment only, contact the Scheme Manager to arrange

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Jean Bishop Centre

Jean Bishop Centre, David Lister Drive HU9 2BL

▲ **Movement to Music**
Tuesday 2:30pm - 3:30pm

£3 Contact Sandra 07730 309 429



Malin Lodge

Maybury Road HU9 3LH

Contact the office on 01482 223 783

▲ **Craft/knitting/ sewing Group | Monday 1.00pm - 2.00pm** RESIDENT LED

Come and enjoy a crafty session with Steph and Carol. Contact Steph / carol at Malin lodge for more information.

□ **Hairdressers | Tuesday 9am**
Contact Scheme Manager for Appointments

▲ **Film Afternoon | Tuesday 2pm - 4pm** RESIDENT LED

▲ **Quiz afternoon | Wednesday 1.30pm** RESIDENT LED

▲ **Bingo | Friday 7pm** Cost is per book RESIDENT LED

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Volunteer with us

We are looking for new resident and non-resident volunteers to work with us.

- ✓ Free Music Tickets
- ✓ Trips
- ✓ Party Tickets
- ✓ T-shirt
- ✓ Plus much more

This is a fantastic opportunity to learn new skills, make new friends and spend some time each month helping other people.

- You will receive training for your volunteer role and will always be supported by an allocated volunteer lead
- You will have opportunities within a range of services such as coffee mornings, social groups, craft classes, music sessions, health and well-being, Christmas parties and many more.
- You can volunteer as much or as little time as possible, but we would recommend a minimum of one hour per week.



For more information call us on 01482 223783, email info@pfh.org.uk or via PFH connect.

Useful Numbers

82 Taxi - 01482 828 282

East Hull Community Transport - 01482 719 600

Need to register but wheelchair accessible and good for hospital trips

HART (medi bus) - 01964 868 082

East Riding Hornsea and surrounding areas. Need to register.

Hull City Cabs - 01482 474 645 - Wheelchair accessible taxis

Beverley Community Lift - 01482 868 082

Around Beverley, Cottingham up to Pocklington. Wheelchair Accessible.

Fox mobility - 01482 887 799 - Mobility equipment hire – Beverley

Carers Information Service - 01482 222 220

Let's Talk - Mental health support – 01482 247111

Cruse Bereavement support - 01482 565 565

Silver line - 0800 4708 090 Free befriending and advice – open 24/7

Green doctor - Supporting with Energy advice 0121 2368565

Age UK Hull and East Yorkshire - 01482 324 644

Sight support Hull and East Yorkshire - 01482 324 644

Humberside Police Action fraud/scams reporting - 0300 123 040

Non Emergency medical Patient Transport - 0808 643 780

EMS (East Hull) – Food parcels and cheap cooked meals - 01482 709 810

Re Engage telephone befriending - 0800 716 543

HU4 Community Trust (West Hull) Food Parcels & Activities - 07830 243 199

Nancys Larder - Meals on Wheels 07377 789 139

Butterflies Memory Loss Support Group - 07821 519 212

Hull CVS - 01482 324 474 Wonder'ull Lunches, Silver Socials, Health Champions

WER2 Taxi - 01482 770077- Wheelchair Accessible Vehicles Available



Upcoming Events & Trips

Please keep an eye on
our Facebook page,
website events section
and Connect messages for
upcoming events & trips.

Book early to avoid disappointment

**To book and for more information contact
customer services on 01482 223783,
email info@pfh.org.uk or via PFH connect.**

Workshops/other services available

Please contact the office to express your interest.

- ✓ Scams awareness
- ✓ Bystander First Aid course
- ✓ Cooking on a budget
- ✓ Benefits support and financial advice
- ✓ Hearing Aid support and maintenance
- ✓ Eye sight testing
- ✓ Vaccinations
- ✓ Stop smoking services
- ✓ Gardening
- ✓ Energy and cost saving
- ✓ IT support session
- ✓ Hanging basket/flower arranging

Defibrilators

Now located at:

- ✓ Broadway Manor
- ✓ Malin Lodge
- ✓ Humber View
- ✓ Christopher Pickering Lodge
- ✓ Ada Holmes
- ✓ Westgarth Pop in
- ✓ Barrington Pop in
- ✓ Priory Road Pop in



PFH match funded these defibs and was successful with securing 8 to utilise across our sites. They were supported by London Hearts who match funded 50% of the cost.

These are available 24/7 and you need to contact 999 to gain access with a code they will give you.

pfh
PICKERING & FERENS HOMES

www.pfh.org.uk



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