

pfh
PICKERING & FERENS HOMES

Living Independently at Home

In PFH we want to help you live safely, comfortably, and independently in your home for as long as possible. An adaptation is a change to your home or equipment that helps you carry out everyday activities more easily and safely.

If you think you may benefit from an adaptation, we're here to help.

Minor Adaptations

These are simple changes to your home that improve safety, accessibility, and independence. Generally, these are quick and straightforward to install, funded directly by PFH and cost less than £1,000.

Examples

- Grab rails
- Handrails
- Raised toilet seats
- Shower seats
- Removal of thresholds
- Thumb-turn locks
- Aids for visual or hearing impairments

How do I request a minor adaptation?

1. Contact PFH and tell us what support you need.
2. We will discuss and assess your request.
3. We may ask for supporting information from a GP or other healthcare professional.
4. If your request is approved, we will arrange for the adaptation to be installed.
5. We will keep you informed throughout the process.

Major Adaptations

These are more complex changes to your home that help you remain independent and safely continue living in your home. Usually cost more than £1,000; require supporting professional evidence and sometimes involve assessments by external organisations and may be funded through a Disabled Facilities Grant (DFG)



Examples

- Level access showers
- Permanent ramps
- Major kitchen adaptations
- Dropped kerbs
- Structural alterations

How do I request a major adaptation?

Step 1

You will normally need supporting evidence from a healthcare professional. This may be:

- An Occupational Therapist (OT) assessment, **or** A letter or report from your GP.

You can obtain this through:

- Your local authority (Hull City Council or East Riding of Yorkshire Council), or
- A suitably qualified private provider.

Step 2

PFH will review the information provided and determine whether a major adaptation is achievable in your current property.

Step 3

You must evaluate if you can finance this with your own means or need help. Where appropriate, you may be eligible to apply for a Disabled Facilities Grant (DFG) through your local council.

You can make this application directly yourself in the first instance or asking your OT to help you do it. PFH is always available to provide guidance and support throughout the process.

Step 4

Once funding and approvals are in place, PFH will arrange for the adaptation to be completed by liaising with the Council and contractors.

Step 5

The work will be inspected where required, and we will ensure you are informed throughout the process.

Need More Information?

Our team is here to help.

01482 223783

via your PFH Connect device

Housing.Support@pfh.org.uk

www.pfh.org.uk

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Regulator of Social Housing registered number A4020. Charity Commission registered number 1014862. Companies House registered number 13968187. National Association of Almshouse registered number 981.